

Sphaleron Process and L-to-B Conversion

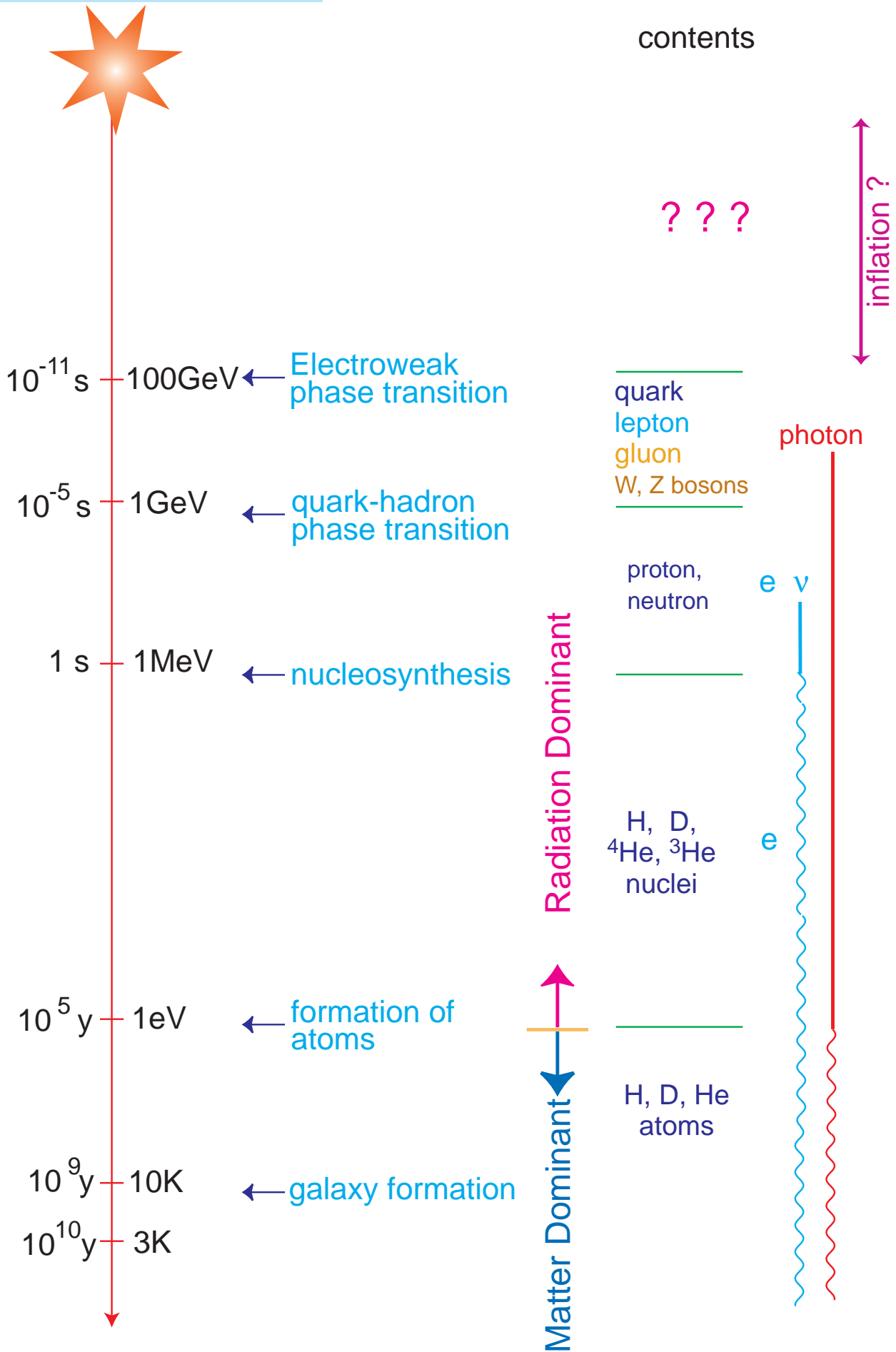
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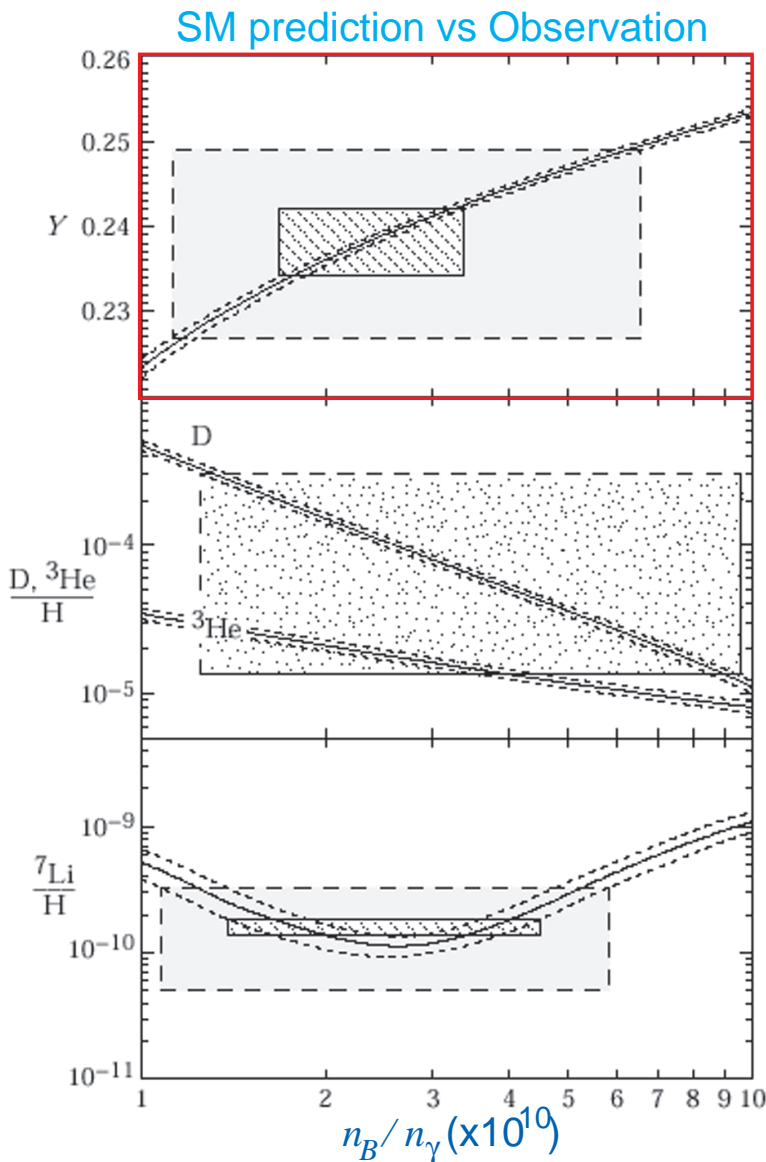
May 9, 2002 at YITP

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1. Introduction





$$Y = \frac{2n/p}{1+n/p}$$

$$Y = 0.25 \longleftrightarrow n/p = 1/7$$

- $T \gg 1\text{MeV} : n \leftrightarrow p + e + \bar{\nu}_e \Rightarrow n/p = 1$

- $T = T_F \simeq 1\text{MeV} \quad \Gamma_{n \leftrightarrow p}(T_F) \simeq H$

$$\left(\frac{n}{p}\right)_{\text{freeze-out}} = e^{-(m_n - m_p)/T_F} \simeq \frac{1}{6}$$

- $T = 0.3 - 0.1\text{MeV}$

$$\frac{n}{p} \longrightarrow \frac{1}{6} - \frac{1}{7} \quad \text{depending on } \frac{n_B}{n_\gamma} \quad \text{cf. } s \simeq 7n_\gamma$$

$$\frac{n_B}{s} = \frac{n_b - n_{\bar{b}}}{s} = (0.2 - 0.9) \times 10^{-10}$$

— constant after the decoupling of $\Delta B \neq 0$ process

evidence of the BAU [Steigman, Ann.Rev.Astron.Astrop.14('76)]

1. no anti-matter in cosmic rays from our galaxy
some anti-matter consistent as secondary products
2. nearby clusters of galaxies are stable
a cluster: $(1 \sim 100) M_{\text{galaxy}} \simeq 10^{12 \sim 14} M_{\odot}$

Starting from a B -symmetric universe ...

$$\begin{aligned} \frac{n_b}{s} \simeq \frac{n_{\bar{b}}}{s} &\sim 8 \times 10^{-11} \quad \text{at } T = 38\text{MeV} \\ &\sim 7 \times 10^{-20} \quad \text{at } T = 20\text{MeV} \end{aligned}$$

$N\bar{N}$ -annihilation decouple

At $T = 38\text{MeV}$,

mass within a causal region = $10^2 M_{\odot} \ll 10^{12} M_{\odot}$.



We must have the BAU $\frac{n_B}{s} = (0.2 - 0.9) \times 10^{-10}$
before the universe was cooled down to $T \simeq 38\text{MeV}$.

- (1) baryon number violation
- (2) C and CP violation
- (3) departure from equilibrium

- GUTs — out of equil. decay of heavy bosons

[review: Kolb & Turner, The Early Universe]

- Electroweak baryogenesis

anomalous $B + L$ -violation — sphaleron process

1st order EW phase transition

CP violation in extended SM

[review: KF, PTP '96]

- Leptogenesis

[Fukugita & Yanagida, PL '86]

decoupling of heavy- ν decay
 CP violation in the lepton sector } \Rightarrow Leptogenesis

sphaleron
 \Rightarrow BAU

- Affleck-Dine mechanism in SUSY models

[NPB '86]

$\langle \text{squark} \rangle \neq 0$ or $\langle \text{slepton} \rangle \neq 0$ along (nearly) flat directions,
 at high temperature

coherent motion of complex $\langle \tilde{q} \rangle$, $\langle \tilde{l} \rangle \neq 0$ B, C, CP viol.

\Rightarrow B - and/or L -genesis

2. Sphaleron Process

★ Anomalous fermion number nonconservation

axial anomaly in the standard model

$$\begin{aligned}\partial_\mu j_{B+L}^\mu &= \frac{N_f}{16\pi^2} [g^2 \text{Tr}(F_{\mu\nu} \tilde{F}^{\mu\nu}) - g'^2 B_{\mu\nu} \tilde{B}^{\mu\nu}] \\ \partial_\mu j_{B-L}^\mu &= 0\end{aligned}$$

N_f = number of the generations, $\tilde{F}^{\mu\nu} \equiv \frac{1}{2} \epsilon^{\mu\nu\rho\sigma} F_{\rho\sigma}$

integrating these equations,

$$\begin{aligned}B(t_f) - B(t_i) &= \int_{t_i}^{t_f} d^4x \frac{1}{2} [\partial_\mu j_{B+L}^\mu + \partial_\mu j_{B-L}^\mu] \\ &= \frac{N_f}{32\pi^2} \int_{t_i}^{t_f} d^4x [g^2 \text{Tr}(F_{\mu\nu} \tilde{F}^{\mu\nu}) - g'^2 B_{\mu\nu} \tilde{B}^{\mu\nu}] \\ &= N_f [N_{CS}(t_f) - N_{CS}(t_i)]\end{aligned}$$

where N_{CS} is the Chern-Simons number:

in the $A_0 = 0$ gauge,

$$N_{CS}(t) = \frac{1}{32\pi^2} \int d^3x \epsilon_{ijk} \left[g^2 \text{Tr} \left(F_{ij} A_k - \frac{2}{3} g A_i A_j A_k \right) - g'^2 B_{ij} B_k \right]_t$$

classical vacua of the gauge sector $\mathcal{E} = \frac{1}{2}(\mathbf{E}^2 + \mathbf{B}^2) = 0$

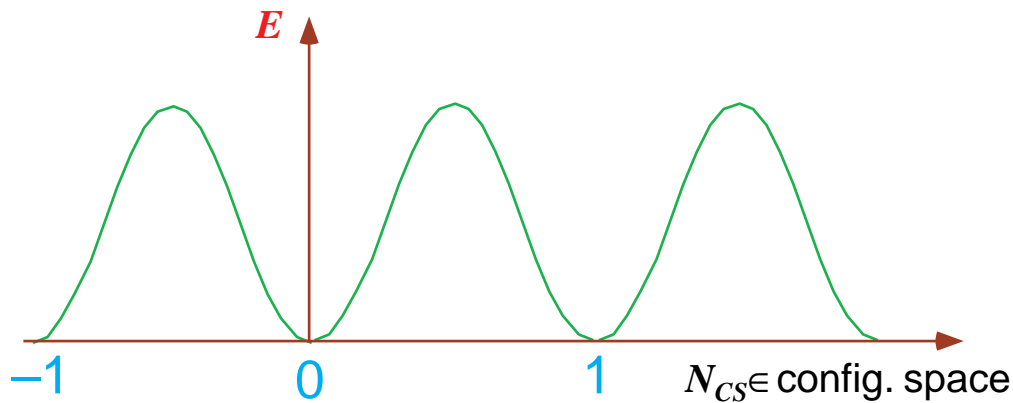
$$\iff F_{\mu\nu} = B_{\mu\nu} = 0$$

$$\iff A = iU^{-1}dU \text{ and } B = dv \text{ with } U \in SU(2)$$

$$\therefore U(\mathbf{x}) : S^3 \ni \mathbf{x} \longrightarrow U \in SU(2) \simeq S^3$$

$\pi_3(S^3) \simeq \mathbf{Z} \implies U(\mathbf{x})$ is classified by an integer N_{CS} .

energy functional vs configuration space



background U changes with $\Delta N_{CS} = 1$

$\implies \Delta B = 1$ ($\Delta L = 1$) in each (left-) generation

$$\iff \begin{cases} \bullet \text{ level crossing} \\ \bullet \text{ index theorem} \end{cases}$$

Transition of the field config. with $\Delta B \neq 0$

▷ quantum tunneling low temperature

▷ thermal activation high temperature

transition rate with $\Delta N_{CS} = 1 \iff$ WKB approx.

What is Sphaleron ?

sphaleros : $\sigma\varphi\alpha\lambda\epsilon\rho\sigma$ = 'ready to fall'

a saddle-point solution of 4d $SU(2)$ gauge-Higgs system
[Klinkhammer & Manton, PRD30 ('84)]

$$E_{\text{sph}} = 8 - 14 \text{ TeV}$$

- ★ unstable
- ★ static (3d) solution with finite energy
- ★ Chern-Simons No. = "1/2" → example below

⇒ over-barrier transition at finite temperature

cf. instanton

- ★ stable
- ★ 4d solution with finite euclidean action
- ★ integer Pontrjagin index

⇒ quantum tunneling

tunneling amplitude $\simeq e^{-S_{\text{instanton}}}$

§2.1 Fate of false vacuum at $T \neq 0$

decay rate of a false vacuum through quantum tunneling
by WKB approximation [Coleman, *Aspects of Symmetry*]

$$\begin{aligned}\Gamma &\simeq \frac{2}{\hbar} \text{Im} E_0 \\ &\simeq \left(\frac{S_{\text{cl}}}{2\pi\hbar} \right)^{1/2} e^{-S_{\text{cl}}/\hbar} [1 + O(\hbar)]\end{aligned}$$

generalization to $T \neq 0$ case: Affleck, PRL 46 ('81)
Langer, Ann.Phys. 41 ('67) – classical
at finite- T ,

$$\Gamma \propto \text{Im} F$$

N.B.

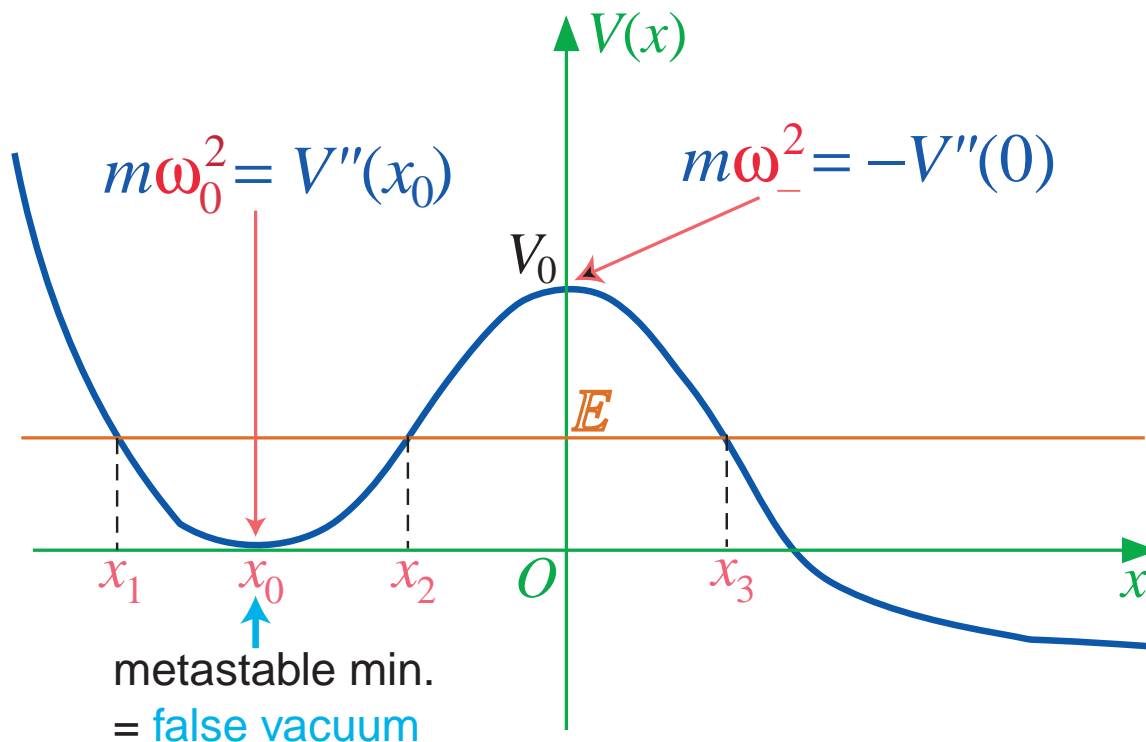
$$\left. \begin{aligned} E_0 &= \langle 0 | H | 0 \rangle \\ F &= -T \ln Z \end{aligned} \right\} \implies \left\{ \begin{aligned} \text{Im} E_0 &= 0 \quad ? \\ \text{Im} F &= 0 \quad ? \end{aligned} \right.$$

$\text{Im} E_0$ or $\text{Im} F$ are *defined* by the procedure by which we evaluate them.

Now we define Γ in a natural way and see how $\Gamma \propto \text{Im} F$ holds.

1d Quantum Mechanics

$$H = \frac{p^2}{2m} + V(x)$$



metastable $\iff \frac{1}{2}\hbar\omega_0$, $T \ll V_0$

initial state = thermal equil. around x_0

Definition of Γ at T :

$$\Gamma \equiv \int_0^\infty dE \frac{e^{-\beta E}}{Z_0} \Gamma(E)$$

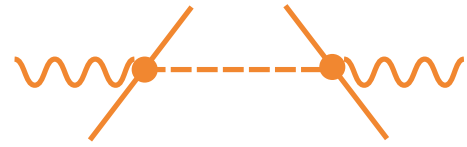
where

$$Z_0 \equiv \sum_{n=0}^{\infty} e^{-\beta\hbar\omega_0(n+1/2)} = \left[2 \sinh \frac{\beta\hbar\omega_0}{2} \right]^{-1}$$

$$\Gamma(E) \equiv -\frac{i\hbar}{2m} (\psi^* \psi' - \psi'^* \psi) \quad \text{prob. current}$$

$\psi(x) \leftarrow$ WKB approximation

[Landau-Lifshitz, Q.M.]



- $E < V_0$ linear turning pt.

$$\Gamma(E) \simeq \frac{1}{2\pi\hbar} \exp \left[-\frac{2}{\hbar} \int_{x_2(E)}^{x_3(E)} dx \sqrt{2m(V(x) - E)} \right]$$



- $E \gtrsim V_0$ parabolic barrier

$$\Gamma(E) \simeq \frac{1}{2\pi\hbar} \left\{ 1 + \exp \left[-\frac{2\pi}{\hbar\omega_-} (E - V_0) \right] \right\}^{-1}$$

♠ Evaluation of Γ

(i) low temperature : $T = \beta^{-1} < \frac{\hbar\omega_-}{2\pi}$

E -integral in Γ is dominated by $E < V_0$

$\Gamma(E) \leftarrow$ linear turning point approximation

$$\Gamma \simeq \frac{Z_0^{-1}}{2\pi\hbar} \int_0^\infty dE e^{-[\beta\hbar \cdot E + W(E)]/\hbar} = \frac{Z_0^{-1}}{2\pi\hbar} \int_0^\infty dE e^{-f(E)/\hbar}$$

with

$$W(E) \equiv 2 \int_{x_2(E)}^{x_3(E)} dx \sqrt{2m(V(x) - E)}$$

semiclassical approximation at $\hbar \sim 0$

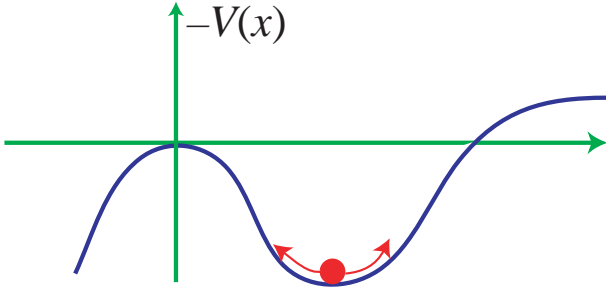
\longrightarrow dominated by the saddle point : $f'(E_0) = 0$

$$f'(E) = \beta\hbar - T(E) = 0$$

where

$$T(E) \equiv \int_{x_2(E)}^{x_3(E)} dx \sqrt{\frac{2m}{V(x) - E}}$$

= period of classical orbit in $-V(x)$ with $-E$

$$\min_{0 \leq E < \infty} \{T(E)\} = T(0) \approx \frac{2\pi}{\omega_-}$$


$$\beta\hbar \gtrsim \frac{2\pi}{\omega_-} \implies \exists E_0 > 0 \text{ s.t. } \beta\hbar = T(E_0)$$

Gaussian integral :

$$\Gamma \simeq \frac{Z_0^{-1}}{2\pi\hbar} e^{-[T(E_0)E_0 + W(E_0)]/\hbar} \left| \frac{2\pi\hbar}{T'(E_0)} \right|^{1/2}$$

where

Legendre trf.

$$T(E) \cdot E + W(E) = S(T(E))$$

= action of the classical orbit with $-E$

= action of the **bounce**

(ii) high temperature : $T = \beta^{-1} \gtrsim \frac{\hbar\omega_-}{2\pi}$

no solution to $f'(E) = 0$

$E \gtrsim V_0$ portion contributes to the E -integral of Γ

$$\Gamma \simeq \frac{Z_0^{-1}}{2\pi\hbar} \int_0^\infty dE e^{-\beta E} / \left[1 + e^{-2\pi(E-V_0)/(\hbar\omega_-)} \right]$$

$$= \frac{Z_0^{-1}}{2\pi\hbar} e^{-\beta V_0} \int_{-V_0}^\infty dE e^{-\beta E} / \left[1 + e^{-2\pi E/(\hbar\omega_-)} \right]$$

integrand $\rightarrow 0$ as $E \rightarrow -\infty$

$$\simeq \frac{Z_0^{-1}}{2\pi\hbar} e^{-\beta V_0} \int_{-\infty}^\infty dE e^{-\beta E} / \left[1 + e^{-2\pi E/(\hbar\omega_-)} \right]$$

$$= Z_0^{-1} \omega_- \cdot \frac{e^{-\beta V_0}}{4\pi \sin(\beta\hbar\omega_-/2)}$$

to summarize,

- $T = \beta^{-1} \lesssim \frac{\hbar\omega_-}{2\pi}$

$$\Gamma \simeq Z_0^{-1} |2\pi T'(E_0)|^{-1/2} e^{-S(E_0)/\hbar}$$

- $T = \beta^{-1} \gtrsim \frac{\hbar\omega_-}{2\pi}$

$$\Gamma \simeq Z_0^{-1} \omega_- \cdot \frac{e^{-\beta V_0}}{4\pi \sin(\beta\hbar\omega_-/2)}$$

♠ Evaluation of $\text{Im } F$

$$F = -\frac{1}{\beta} \ln Z$$

where

$$Z = \text{Tr } e^{-\beta H} = \int_{\text{periodic bc}} [dx] e^{-S[x]/\hbar}$$

$$S[x] = \int_0^{\beta\hbar} dt \left[\frac{1}{2} m \dot{x}^2 + V(x) \right]$$

semiclassical approx. $\hbar \sim 0$: dominated by a classical path

$$\frac{\partial S}{\partial x} = -m\ddot{x}_{\text{cl}} + V'(x_{\text{cl}}) = 0$$

with bc $x_{\text{cl}}(0) = x_{\text{cl}}(\beta\hbar)$

possible classical orbit

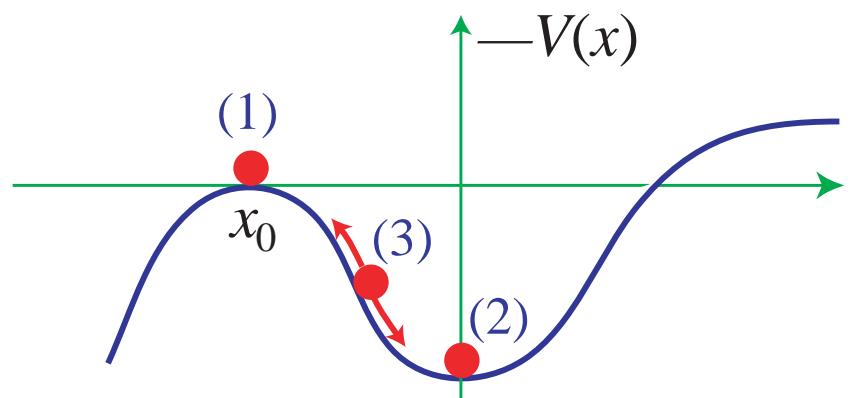
(1) $x_{\text{cl}}(t) = x_0 (\forall t)$

(2) $x_{\text{cl}}(t) = 0 (\forall t)$

(3) bounce

$$x_{\text{cl}}(t) = x_b(t)$$

with $x_b(0) = x_b(\beta\hbar)$



(1) and (2) always exist

(3) is possible only when $\beta\hbar \gtrsim 2\pi/\omega_-$ [low temp. regime]

contributions to Z

(1) $x_{\text{cl}}(t) = x_0$

$$\begin{aligned} Z^{(1)} &\simeq e^{-S[x_{\text{cl}}]/\hbar} \int [dy] e^{-\frac{1}{2\hbar} \int_0^{\beta\hbar} dt (\dot{y}^2 + \omega_0^2 y^2)} \\ &= \frac{1}{2 \sinh(\beta\hbar\omega_0/2)} = Z_0 \end{aligned}$$

(2) $x_{\text{cl}}(t) = 0$

$$\begin{aligned} Z^{(2)} &\simeq e^{-S[x_{\text{cl}}]/\hbar} \int [dy] e^{-\frac{1}{2\hbar} \int_0^{\beta\hbar} dt (\dot{y}^2 - \omega_-^2 y^2)} \\ &= e^{-\beta V_0} \cdot \frac{1}{2i} \cdot \frac{1}{2 \sin(\beta\hbar\omega_-/2)} \end{aligned}$$

↑
assumption of analytic continuation

(3) bounces

n -bounce : $x_b^{(n)} \rightarrow$ dilute-gas approximation

- $S[x_b^{(n)}] \simeq n \cdot S[x_b]$
- $\det[-\partial_t^2 + V''(x_b^{(n)})] \simeq [\det(-\partial_t^2 + V''(x_b))]^n \equiv K^n$
- sum over the locations \subset zero-mode integral

$$\int_0^{\beta\hbar} dt_1 \int_0^{t_1} dt_2 \cdots \int_0^{t_{n-1}} dt_n = \frac{(\beta\hbar)^n}{n!}$$

$$Z^{(3)} \simeq \sum_{n=1}^{N(\beta)} \frac{(\beta\hbar)^n}{n!} K^n e^{-nS[x_b]} \quad N(\beta) \simeq \frac{\beta\hbar}{2\pi/\omega_-}$$

$$\begin{aligned}
K &= \int_{1\text{-bounce}} [dy] \exp \left[-\frac{1}{2\hbar} \int_0^{\beta\hbar} dt (\dot{y}^2 + V''(x_b)y^2) \right] \\
&= \left(\frac{S[x_b]}{2\pi\hbar} \right)^{1/2} \left[\det'(-\partial_t^2 + V''(x_b)) \right]^{-1/2} \\
&\quad \uparrow \\
&\quad \text{Jacobian of the zero mode}
\end{aligned}$$

Note that, as for the operator $-\partial_t^2 + V''(x_b)$,

- $\psi_0(t) = C \dot{x}_b(t)$ is zero mode.

$$\because (-\partial_t^2 + V''(x_b)) \dot{x}_b(t) = \frac{d}{dt}[-\ddot{x}_b + V'(x_b)] \equiv 0$$

- $\dot{x}_b(t)$ has a node. $\therefore \exists$ one negative mode

$$\begin{aligned}
\left[\det'(-\partial_t^2 + V''(x_b)) \right]^{-1/2} &= \frac{1}{2i} \left| \det'(-\partial_t^2 + V''(x_b)) \right|^{-1/2} \\
&= \frac{1}{2i} |S[x_b] \cdot T'(E)|^{-1/2}
\end{aligned}$$

\uparrow

[Rajaraman, Phys.Rep. C21 ('75)]

$$\begin{aligned}
\therefore Z^{(3)} &\simeq \sum_{n=1}^{N(\beta)} \frac{1}{n!} \left[-\frac{i\beta\hbar}{2} \left(\frac{S[x_b]}{2\pi\hbar} \right)^{1/2} e^{-S[x_b]/\hbar} \right. \\
&\quad \left. \times |S[x_b] \cdot T'(E)|^{-1/2} \right]^n
\end{aligned}$$

From

$$\text{Im } F = -\frac{1}{\beta} \text{Im} \left[\log Z_0 + \log \left(1 + \frac{Z^{(2)}}{Z_0} + \frac{Z^{(3)}}{Z_0} \right) \right]$$

we have

- low temperature : $\beta^{-1} < \hbar\omega_-/(2\pi)$

$$\text{Im } F \simeq -\frac{1}{\beta Z_0} \text{Im } Z^{(3)} \simeq Z_0^{-1} \frac{\hbar}{2} |2\pi\hbar T'|^{-1/2} e^{-S[x_b]/\hbar}$$

- high temperature : $\beta^{-1} > \hbar\omega_-/(2\pi)$

$$\text{Im } F \simeq -\frac{1}{\beta Z_0} \text{Im } Z^{(2)} \simeq Z_0^{-1} \frac{1}{4\beta \sin(\beta\hbar\omega_-/2)} e^{-\beta V_0}$$

Comparing these results to those obtained by the WKB approximation to the wave function,

$$\star T < \frac{\hbar\omega_-}{2\pi}:$$

$$\Gamma \simeq \frac{2}{\hbar} \text{Im } F \simeq Z_0^{-1} |2\pi\hbar T'(E_0)|^{-1/2} e^{-S[x_b]/\hbar}$$

quantum tunneling

$$\star T > \frac{\hbar\omega_-}{2\pi}:$$

$$\Gamma \simeq \frac{\omega_- \beta}{\pi} \text{Im } F \simeq Z_0^{-1} \frac{\omega_-}{4\pi \sin(\beta\hbar\omega_-/2)} e^{-\beta V_0}$$

thermal activation

$\text{Im } F$ is applicable to system with many degrees of freedom

applied to 4-dim. $SU(2)$ gauge-Higgs system:

★ broken phase

[Arnold & McLerran, P.R.D36 ('87)]

$$\Gamma_{\text{sph}}^{(b)} \simeq k \mathcal{N}_{\text{tr}} \mathcal{N}_{\text{rot}} \frac{\omega_-}{2\pi} \left(\frac{\alpha_W(T)T}{4\pi} \right)^3 e^{-E_{\text{sph}}/T}$$

$$\text{zero modes} \rightarrow \begin{cases} \mathcal{N}_{\text{tr}} = 26 \\ \mathcal{N}_{\text{rot}} = 5.3 \times 10^3 \end{cases} \quad \text{for } \lambda = g^2$$

$$\omega_-^2 \simeq (1.8 \sim 6.6) m_W^2 \quad \text{for } 10^{-2} \leq \lambda/g^2 \leq 10$$

$$k \simeq O(1)$$

★ symmetric phase — no mass scale

dimensional analysis :

$$\Gamma_{\text{sph}}^{(s)} \simeq \kappa (\alpha_W T)^4$$

check by Monte Carlo simulation $\langle N_{CS}^2(t) \rangle = e^{-\Gamma V t}$ as $t \rightarrow \infty$

$$\kappa = 1.09 \pm 0.04 \quad SU(2) \text{ pure gauge system}$$

[Ambjørn and Krasnitz, P.L.B362('95)]

'sphaleron transition' even in the symmetric phase

§2.2 Other Methods — nonequilibrium phenomenon

♣ classical stochastic approach

- Langer, Ann.Phys. 54 ('69)
- Ringwald, P.L. B201 ('88)

Fokker-Planck eq. for distribution function $\rho(q, p; t)$
→ stationary prob. flow \equiv decay rate

♣ formal density operator approach

- Zubarev, "Nonequilibrium Statistical Thermodynamics"
- Khlebnikov, Shaposhnikov, N.P. B308 ('88)

formal solution to retarded Liouville eq.
→ linear response approximation

♣ numerical approach — applicable in the symmetric phase

- Grigoriev, Rubakov, Shaposhnikov, P.L. B216 ('89)
- Ambjørn, Askgaard, Porter, Shaposhnikov, N.P. B353 ('91)
- Ambjørn, Krasnitz, P.L. B362 ('95)

classical hamiltonian lattice formalism in $A_0 = 0$ gauge



initial config. from classical statistical mechanics
generated by MC method with weight $e^{-\beta H(\phi, \pi)}$



classical time evolution from an initial config. (ϕ, π)
ergodicity



classical config. at $\forall t \rightarrow N_{CS}(t)$

$$\begin{cases} \langle N_{CS} \rangle \\ \langle N_{CS}(t) N_{CS}(0) \rangle \sim \langle N_{CS} \rangle^2 + A e^{-\Gamma t} \end{cases}$$

§2.3 An Example — 2d $U(1)$ gauge-Higgs system

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} + |D_\mu\phi|^2 - \lambda \left(|\phi|^2 - v^2 \right)^2$$

instanton = vortex $\leftarrow \pi_1(U(1)) = \mathbf{Z}$

static solutions ($A_0 = 0$ -gauge)

- vacuum with winding number = N

$$\phi(x) = v e^{i\alpha(x)}, \quad A_1(x) = \frac{1}{g}\partial_x\alpha(x)$$

with $\alpha(\infty) - \alpha(-\infty) = 2\pi N$

$$\Delta Q_5 = \frac{g}{4\pi} \int_{t_i}^{t_f} dt dx \epsilon_{\mu\nu} F_{\mu\nu} = N_{CS}(t_f) - N_{CS}(t_i),$$

$$N_{CS}(t) = \frac{g}{2\pi} \int dx A_1(x) = N \quad \text{for the vacua}$$

- sphaleron solution

$$\phi_{\text{sph}}(x) = e^{i\pi(1-y(x))/2} v y(x) = e^{i\theta(x)} v y(x),$$

$$A_1^{\text{sph}}(x) = \frac{1}{g}\partial_x\theta(x)$$

$$y(x) \equiv \tanh(\sqrt{\lambda}vx) = \tanh(m_H x/2)$$

$$N_{CS} = \frac{g}{2\pi} \int dx A_1^{\text{sph}}(x) = \frac{1}{2\pi}[\theta(\infty) - \theta(-\infty)] = \frac{1}{2}$$

N.B.

$\theta(x)$ is **not** the phase of $\phi_{\text{sph}}(x)$.

$|\phi_{\text{sph}}(x)|$ and $\text{Arg}(\phi_{\text{sph}}(x))$ are singular at $x = 0$.

1d $U_1(x)$ and $\phi(x)$ on a ring

| λ/g^2 | #(lattice sites) | T/E_{sph} | Γ_{exp}^{-1} | Γ_{th}^{-1} |
|---------------|------------------|--------------------|----------------------------|---------------------------|
| 0.5 | 400 | 0.103 | 62 | 138 |
| 0.5 | 200 | 0.100 | 140 | 190 |
| 0.395 | 200 | 0.094 | 180 | 190 |
| 0.32 | 200 | 0.101 | 90 | 125 |
| 0.264 | 200 | 0.100 | 103 | 114 |
| 0.264 | 400 | 0.100 | 34 | 58 |

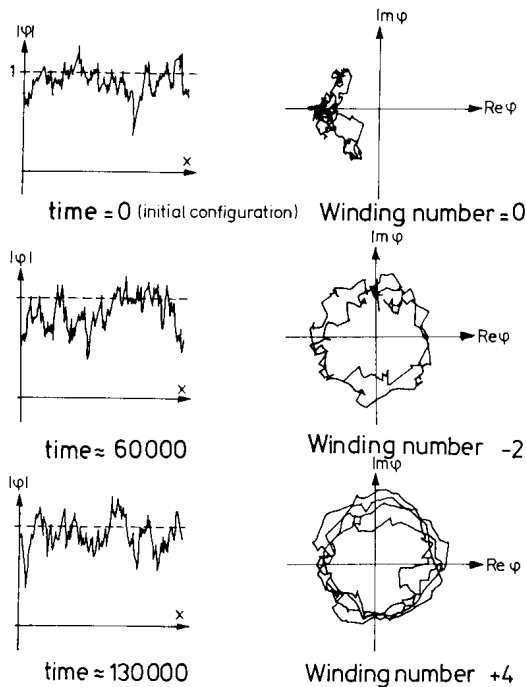


Fig. 1. States of the system ($T=0.07M_{\text{sph}}$).

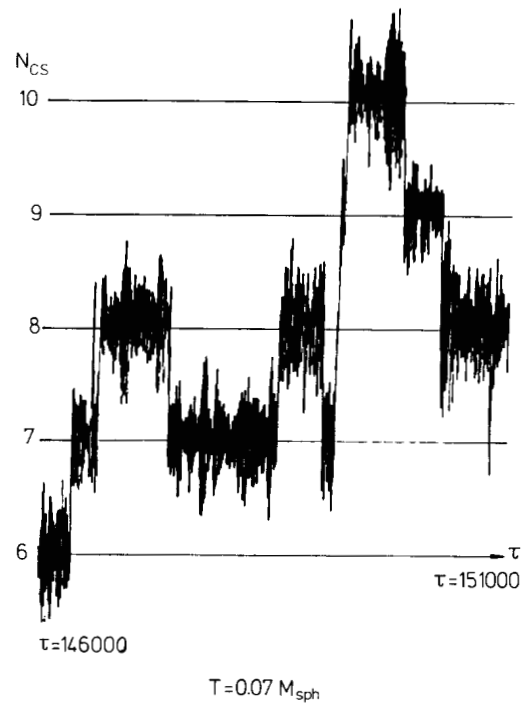
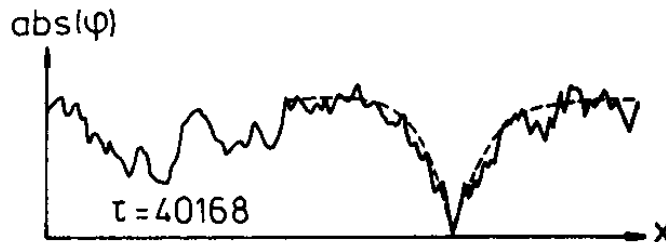


Fig. 2. Chern-Simons number as a function of time ($T=0.07M_{\text{sph}}$).



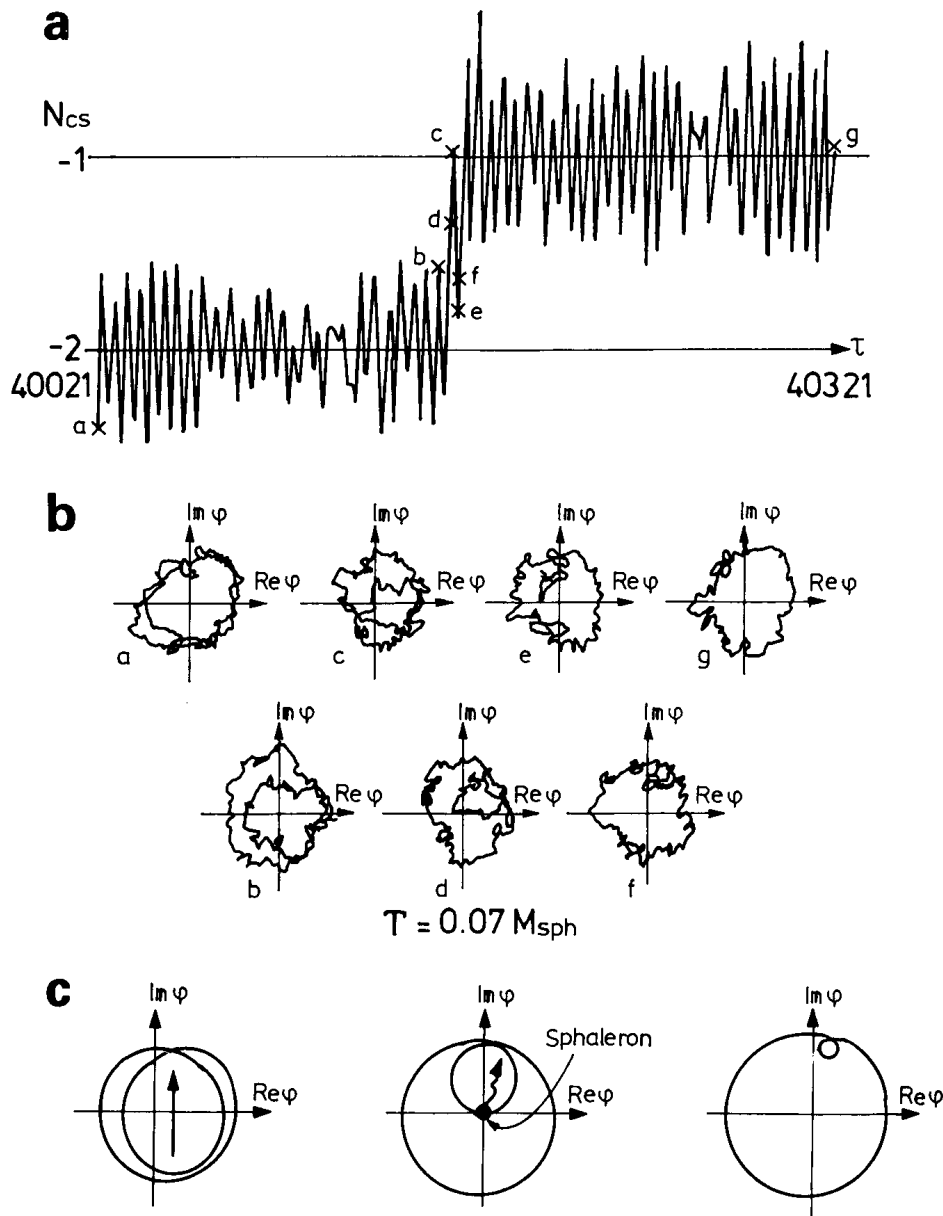


Fig. 3. Anatomy of the sphaleron transition: (a) Behaviour of the Chern-Simons number. (b) “Trajectories” of the scalar field at different moments a-g; the parameter along the curve is the spatial coordinate x^1 . (c) Schematic plot of the sequence of (b).

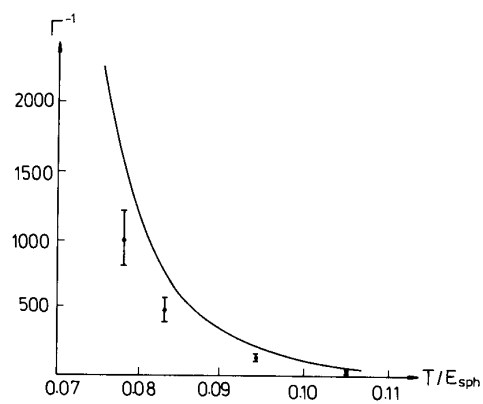


Fig. 5. Transition rate as a function of the temperature.

3. B and L in Hot Universe

sphaleron process at early universe

★ $\Gamma_{\text{sph}} > H?$ (H : Hubble parameter)

★ distribution of particles which take part in the process

Here, we focus on **equilibrium** physics.

nonequilibrium \implies B - and/or L -Genesis

§3.1 Time scales

Hubble parameter: $H \equiv \frac{\dot{a}(t)}{a(t)} \simeq \sqrt{\frac{8\pi G}{3} \rho(t)}$

$\rho(t)$: energy density $\rho = \frac{1}{V} \text{Tr} [H e^{-H/T}]$ in equil.

We replace ρ by the sum of free particle contributions:

$$\rho = g \int \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{\omega_{\mathbf{k}}}{e^{\omega_{\mathbf{k}}/T} \mp 1} \quad \begin{array}{l} m \ll T \\ \simeq \\ m \gg T \end{array} \quad g \left\{ \begin{array}{l} \frac{\pi^2}{30} T^4 \\ \frac{7}{8} \frac{\pi^2}{30} T^4 \\ g m n \end{array} \right.$$

where

g = degrees of freedom of each species

$\omega_{\mathbf{k}} = \sqrt{\mathbf{k}^2 + m^2}$

n = particle number density

For radiation-dominant universe,

$$\rho(T) = \frac{\pi^2}{30} g_* T^4 \quad \text{with} \quad g_* \equiv \sum_B g_B + \frac{7}{8} \sum_F g_F$$

SM with N_f generations and N_H Higgs doublets,

$$g_* = 24 + 4N_H + \frac{7}{8} \times 30N_f \stackrel{\text{MSM}}{=} 106.75$$

Then

$$H \simeq \sqrt{\frac{8\pi G_N}{3}} \rho \simeq 1.66 \sqrt{g_*} \frac{T^2}{m_{Pl}}$$

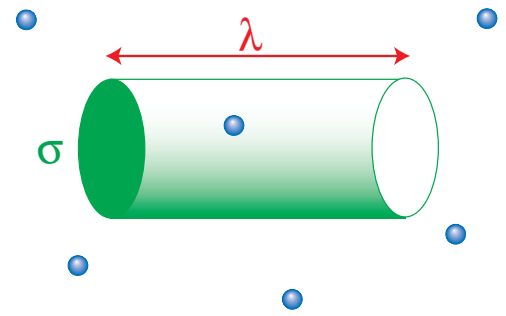
time scales of interactions

σ : cross section of some interaction

mean free path : $\lambda \cdot \sigma = \frac{1}{n}$

for $m \ll T$

$\lambda \simeq \bar{t} = \text{mean free time}$



$$n = g \int \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{1}{e^{\omega_k/T} \mp 1} \quad \begin{matrix} m \ll T \\ \simeq \\ \end{matrix} \quad g \begin{cases} \frac{\zeta(3)}{\pi^2} T^3 \\ \frac{3}{4} \frac{\zeta(3)}{\pi^2} T^3 \end{cases}$$

$$\quad \begin{matrix} m \gg T \\ \simeq \\ \end{matrix} \quad g \left(\frac{mT}{2\pi} \right)^{3/2} e^{-m/T}$$

$\zeta(3) = 1.2020569 \dots$

For relativistic particles at T , $\sigma \simeq \frac{\alpha^2}{s} \simeq \frac{\alpha^2}{T^2}$, we have

$$\lambda \simeq \frac{10}{gT^3} \left(\frac{\alpha^2}{T^2} \right)^{-1} = \frac{10}{g\alpha^2 T}$$

For $T = 100 \text{ GeV}$, $H^{-1} \simeq 10^{14} \text{ GeV}^{-1}$,

$\lambda_s \simeq \frac{1}{\alpha_s^2 T} \sim 1 \text{ GeV}^{-1}$ for strong interactions

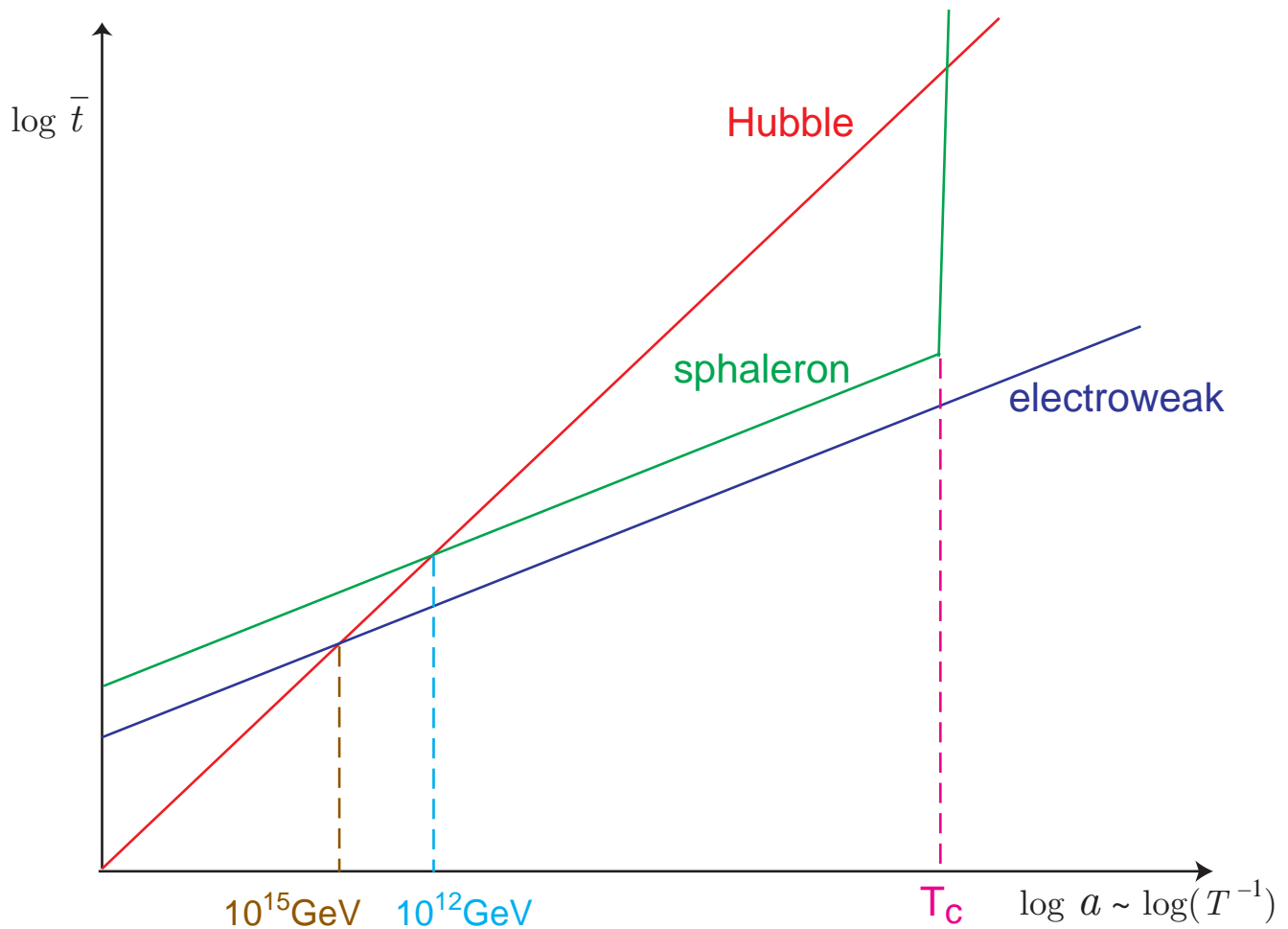
$\lambda_{EW} \simeq \frac{1}{\alpha_W^2 T} \sim 10 \text{ GeV}^{-1}$ for EW interactions

$\lambda_Y \simeq \left(\frac{m_W}{m_f} \right)^4 \lambda_{EW}$ for Yukawa interactions

time scale of sphaleron process

$$\bar{t}_{\text{sph}} = (\Gamma_{\text{sph}}/n)^{-1} \simeq \begin{cases} 10^6 T^{-1} \text{ GeV}^{-1} & (T > T_C) \\ 10^5 T^{-1} e^{E_{\text{sph}}/T} \text{ GeV}^{-1} & (T < T_C) \end{cases}$$

[cf. $E_{\text{sph}} \simeq 10\text{TeV}$ for $v_0 = 246\text{GeV}$]



If $v(T_C) \ll 200\text{GeV}$ (eg. 2nd order EWPT), $\exists T_{\text{dec}}$, s.t.

$$T_{\text{dec}} < T < T_C \implies \Gamma_{\text{sph}}^{(b)}(T) > H(T)$$

§3.2 Quantum numbers in equilibrium

Q_i : conserved quantum number $[H, Q_i] = 0$

equilibrium partition function:

$$Z(T, \mu) \equiv \text{Tr} \left[e^{-(H - \sum_i \mu_i Q_i)/T} \right]$$

expectation value of Q_i :

$$\langle Q_i \rangle(T, \mu) = T \frac{\partial}{\partial \mu_i} \log Z(T, \mu)$$

relations among μ 's \implies relations among Q 's

In the SM, $Q_i = \frac{1}{N}B - L_i$ without lepton-flavor mixing.

1st-principle calculation of $Z(T, \mu)$

- ★ path integral over *all* fields
- ★ *nonperturbative* $B + L$ violation



- perturbation [Khebnikov & Shaposhnikov, PLB387 ('96);
Laine & Shaposhnikov, PRD61 ('00)]
- free-field approximation
relation among chemical potentials of the particles

★ Massless free particle approximation

number density of free particles (per degree of freedom)

$$\langle N \rangle = \int \frac{d^3 \mathbf{k}}{(2\pi)^3} \left[\frac{1}{e^{(\omega_k - \mu)/T} \mp 1} - \frac{1}{e^{(\omega_k + \mu)/T} \mp 1} \right]$$

$$\stackrel{m \ll T}{\approx} \frac{T^3}{2\pi^2} \int_0^\infty dx \left[\frac{x^2}{e^{x - \mu/T} \mp 1} - \frac{x^2}{e^{x + \mu/T} \mp 1} \right]$$

$$\stackrel{|\mu| \ll T}{\approx} \begin{cases} \frac{T^3}{3} \cdot \frac{\mu}{T}, & \text{(bosons)} \\ \frac{T^3}{6} \cdot \frac{\mu}{T}, & \text{(fermions)} \end{cases}$$

$$s = \frac{2\pi^2}{45} g_* T^3 : \text{entropy density}$$

$$\text{particle asymmetry } \frac{\langle N \rangle}{s} \sim \frac{|\mu|}{T} \simeq 10^{-10} \ll 1$$

Quantum number densities in terms of μ

[Harvey & Turner, PRD42 ('90)]

SM with N generations and N_H Higgs doublets ($\phi^0 \phi^-$)

| | | | | | | |
|---------|------------------|------------------|-------------------|------------|----------|----------|
| W^- | $u_{L(R)}$ | $d_{L(R)}$ | $e_{iL(R)}$ | ν_{iL} | ϕ^0 | ϕ^- |
| μ_W | $\mu_{u_{L(R)}}$ | $\mu_{d_{L(R)}}$ | $\mu_{e_{iL(R)}}$ | μ_ν | μ_0 | μ_- |

gauge int., Yukawa int, quark mixings are in equilibrium.

$$\mu_\gamma = \mu_Z = \mu_{\text{gluon}} = 0$$



$$(3N + 7) \mu\text{'s}$$

$$\text{gauge} \quad \Leftrightarrow \quad \mu_W = \mu_{d_L} - \mu_{u_L} = \mu_{iL} - \mu_i = \mu_- + \mu_0$$

$$\text{Yukawa} \quad \Leftrightarrow \quad \mu_0 = \mu_{u_R} - \mu_{u_L} = \mu_{d_L} - \mu_{d_R} = \mu_{iL} - \mu_{iR}$$

$2(N + 2)$ relations

$\Rightarrow N + 3$ independent μ 's: $(\mu_W, \mu_0, \mu_{u_L}, \mu_i)$

sphaleron process in equilibrium

$$|0\rangle \leftrightarrow \prod_i (u_L d_L d_L \nu_L)_i \Leftrightarrow N(\mu_{u_L} + 2\mu_{d_L}) + \sum_i \mu_i = 0$$

Quantum number densities [in unit of $T^2/6$]

$$B = N(\mu_{u_L} + \mu_{u_R} + \mu_{d_L} + \mu_{d_R}) = 4N\mu_{u_L} + 2N\mu_W,$$

$$L = \sum_i (\mu_i + \mu_{iL} + \mu_{iR}) = 3\mu + 2N\mu_W - N\mu_0$$

$$Q = \frac{2}{3}N(\mu_{u_L} + \mu_{u_R}) \cdot 3 - \frac{1}{3}N(\mu_{d_L} + \mu_{d_R}) \cdot 3 \\ - \sum_i (\mu_{iL} + \mu_{iR}) - 2 \cdot 2\mu_W - 2N_H\mu_-$$

$$= 2N\mu_{u_L} - 2\mu - (4N + 4 + 2N_H)\mu_W + (4N + 2N_H)\mu_0$$

$$I_3 = \frac{1}{2}N(\mu_{u_L} - \mu_{d_L}) \cdot 3 + \frac{1}{2} \sum_i (\mu_i - \mu_{iL})$$

$$- 2 \cdot 2\mu_W - 2 \cdot \frac{1}{2}N_H(\mu_0 + \mu_-)$$

$$= -(2N + N_H + 4)\mu_W$$

$$\mu \equiv \sum_i \mu_i$$

- $T \gtrsim T_C$ (symmetric phase)

We require $Q = I_3 = 0$. ($\mu_W = 0$)

$$B = \frac{8N + 4N_H}{22N + 13N_H} (B - L)$$

$$L = -\frac{14N + 9N_H}{22N + 13N_H} (B - L)$$

- $T \lesssim T_C$ (broken phase)

$Q = 0$ and $\mu_0 = 0$ ($\because \phi^0$ condensates.)

$$B = \frac{8N + 4(N_H + 2)}{24N + 13(N_H + 2)} (B - L)$$

$$L = -\frac{16N + 9(N_H + 2)}{24N + 13(N_H + 2)} (B - L)$$

In any case, $B = L = 0$, if $(B - L)_{\text{primordial}} = 0$.

To have nonzero BAU,

- (i) we must have $B - L$ before the sphaleron process decouples, or
- (ii) $B + L$ must be created at the first-order EWPT, and the sphaleron process must decouple immediately after that.

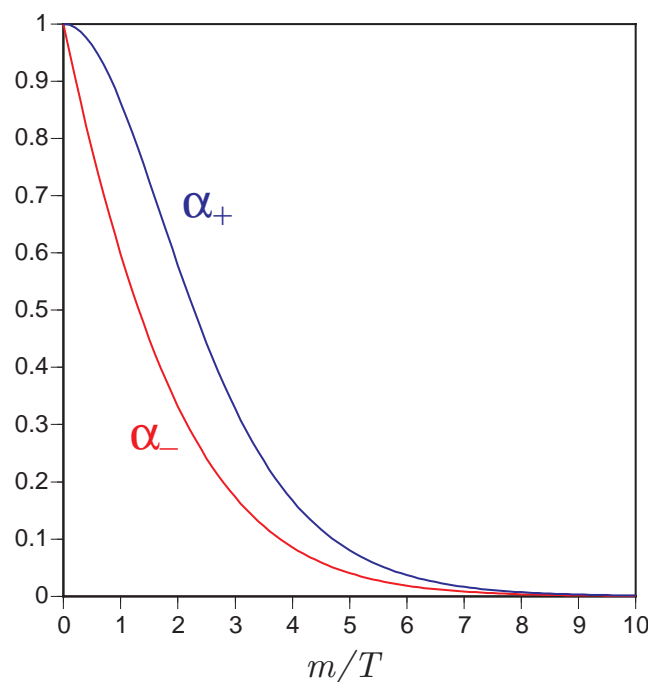
$$\langle N \rangle = \int_0^\infty \frac{dx}{2\pi^2} \left[\frac{x^2}{e\sqrt{x^2+m^2/T^2-\mu/T} \mp 1} - \frac{x^2}{e\sqrt{x^2+m^2/T^2+\mu/T} \mp 1} \right]$$

$$\stackrel{|\mu| \ll T}{\approx} \langle N \rangle_{m=0} \cdot \alpha_{\mp}(m/T)$$

where

$$\alpha_-(a) \equiv \frac{3}{\pi^2} \int_0^\infty dx \frac{x^2 e^{\sqrt{x^2+a^2}}}{(e\sqrt{x^2+a^2} - 1)^2}$$

$$\alpha_+(a) \equiv \frac{6}{\pi^2} \int_0^\infty dx \frac{x^2 e^{\sqrt{x^2+a^2}}}{(e\sqrt{x^2+a^2} + 1)^2}$$



quantum number densities (in unit of $T^2/6$)

$$Q = \sum_{i=1}^N \left[3 \cdot \frac{2}{3} \alpha_{u_i} (\mu_{u_L} + \mu_{u_R}) - 3 \cdot \frac{1}{3} \alpha_{d_i} (\mu_{d_L} + \mu_{d_R}) - \alpha_i (\mu_{iL} + \mu_{iR}) \right]$$

$$-1 \cdot 2 \cdot 2 \alpha_W \mu_W - N_H \cdot 2 \alpha_- \mu_-$$

$$I_3 = \sum_{i=1}^N \left[\frac{3}{2} (\alpha_{u_i} \mu_{u_L} - \alpha_{d_i} \mu_{d_L}) + \frac{1}{2} (\mu_i - \alpha_i \mu_{iL}) \right]$$

$$-1 \cdot 2 \cdot 2 \alpha_W \mu_W - \frac{1}{2} N_H \cdot 2 (\alpha_0 \mu_0 + \alpha_- \mu_-)$$

$$B = 3 \cdot \frac{1}{3} \sum_{i=1}^N [\alpha_{u_i} (\mu_{u_L} + \mu_{u_R}) + \alpha_{d_i} (\mu_{d_L} + \mu_{d_R})]$$

$$L = \sum_{i=1}^N [\mu_i + \alpha_i (\mu_{iL} + \mu_{iR})]$$

By use of the equilibrium relations among μ 's, and introducing

$$\Delta_l = N - \sum_i \alpha_i, \quad \mu = \sum_i \mu_i, \quad \Delta\mu = \mu - \sum_i \alpha_i \mu_i,$$

$$\Delta_u = N - \sum_i \alpha_{u_i}, \quad \Delta_d = N - \sum_i \alpha_{d_i},$$

5 unknowns ($\mu_{u_L}, \mu_W, \mu_0, \mu, \Delta\mu$) before the use of sphaleron equilibrium: $N(\mu_{u_L} + 2\mu_W) + \mu = 0$

$$\begin{aligned}
Q &= 2(N - 2\Delta_u + \Delta_d)\mu_{u_L} \\
&\quad - 2(2N - \Delta_d - \Delta_l + 2\alpha_W + N_H\alpha_-)\mu_W \\
&\quad + (4N - 2\Delta_u - \Delta_d - \Delta_l + 2N_H\alpha_-)\mu_0 - 2(\mu - \Delta\mu),
\end{aligned}$$

$$\begin{aligned}
I_3 &= \frac{3}{2}(\Delta_d - \Delta_u)\mu_{u_L} + \frac{1}{2}\Delta\mu - N_H(\alpha_0 - \alpha_-)\mu_0 \\
&\quad + (-2N + \frac{3}{2}\Delta_d + \frac{1}{2}\Delta_l - 4\alpha_W - N_H\alpha_-)\mu_W,
\end{aligned}$$

$$B = 2(2N - \Delta_u - \Delta_d)\mu_{u_L} + 2(N - \Delta_d)\mu_W + (\Delta_d - \Delta_u)\mu_0,$$

$$L = 3\mu - 2\Delta\mu + 2(N - \Delta_l)\mu_W - (N - \Delta_l)\mu_0$$

- $T \gtrsim T_C$ (symmetric phase)

quarks, leptons, W : massless

$$\Rightarrow \Delta_u = \Delta_d = \Delta_l = \Delta\mu = 0, \alpha_W = 1$$

$$m_{\phi^0} = m_{\phi^-} \Rightarrow \alpha_0 = \alpha_-$$

$$B = \frac{8N + 4N_H\alpha_0}{22N + 13N_H\alpha_0} (B - L)$$

$$L = -\frac{14N + 9N_H\alpha_0}{22N + 13N_H\alpha_0} (B - L)$$

the same as those in the massless approx. if $\alpha_0 = 1$.

- $T \lesssim T_C$ (broken phase)

| T | Δ_u | Δ_d | Δ_l | α_W |
|--------|------------|----------------------|----------------------|------------|
| 80GeV | 0.47 | 4.2×10^{-4} | 7.5×10^{-5} | 0.60 |
| 100GeV | 0.35 | 2.7×10^{-4} | 4.8×10^{-5} | 0.66 |

$$\therefore \Delta_d, \Delta_l \ll \Delta_u < 1$$

Then

$$B = \left(2 + \frac{N}{2\alpha_W + N_H\alpha_-} \right) (2N - \Delta_u) \mu_{u_L} + \frac{N}{2\alpha_W + N_H\alpha_-} \Delta\mu,$$

$$L = - \left[9 + \frac{8(2N - \Delta_u)}{2\alpha_W + N_H\alpha_-} \right] N \mu_{u_L} - 2 \left(1 + \frac{2N}{2\alpha_W + N_H\alpha_-} \right) \Delta\mu$$

$$\Rightarrow B + L \not\propto B - L$$

$\therefore B - L = 0$ does not necessarily imply $B + L = 0$ and $B = 0$

Suppose that $B - L = 0$. (at $\forall t$) $\implies \mu_{u_L} = (\dots)\Delta\mu$

$$B = \left[\frac{\left(4N - 2\Delta_u + \frac{4N(2N - \Delta_u)}{2\alpha_W + N_H\alpha_-}\right) (2\alpha_W + N_H\alpha_- + 3N)}{(13N - 2\Delta_u)(\alpha_W + N_H\alpha_-/2) + 6N(2N - \Delta_u)} + \frac{2N}{2\alpha_W + N_H\alpha_-} \right] \Delta\mu$$

flavor asymmetry in L_i 's ($\mu_i \neq \mu_j$)



$B \neq 0$, even when $B - L = 0$

Simplified toy model

$$\begin{pmatrix} p_i \\ n_i \end{pmatrix}, \begin{pmatrix} \nu_i \\ e_i \end{pmatrix}, W^- \quad (i = 1 - N) \quad \text{'nucleons' well mixed}$$

chemical potential: $\mu_p, \mu_n, \mu_i, \mu_{ie}, \mu_W$

chemical equil.: $\bar{p}_i + n_i \rightleftharpoons W^- \rightleftharpoons \bar{\nu}_i + e_i$

$$\rightarrow \mu_W = \mu_n - \mu_p = \mu_{ie} - \mu_i \quad \therefore \text{indep. } (\mu_p, \mu_i, \mu_W)$$

sphaleron process: $\prod_i (n_i \nu_i) \rightleftharpoons |0\rangle \rightarrow N(\mu_p + \mu_W) + \mu = 0$

$$Q = (N - \Delta_p)\mu_p - (N - \Delta_e + 4\alpha_W)\mu_W - (\mu - \Delta\mu),$$

$$B = (2N - \Delta_p - \Delta_n)\mu_p + (N - \Delta_e)\mu_W,$$

$$L = 2\mu - \Delta\mu + (N - \Delta_e)\mu_W$$

In the 'broken phase', $Q = 0$ and sphaleron equil. lead to

$$\mu_W = \frac{1}{N + 4\alpha_W} [(N - \Delta_p)\mu_p - (\mu - \Delta\mu)],$$

$$\mu = \frac{1}{N + 1} \left[\frac{N(2N + 4\alpha_W - \Delta_p)}{N + 4\alpha_W} \mu_p + \Delta\mu \right]$$

Then B and L are linear combinations of μ_p and $\Delta\mu$.

$$B - L = 0 \implies B = L = \text{const.} \times \Delta\mu$$

Sphaleron process is **suppressed** by the least $n_{\nu_i} (?)$

If we assumed $n_i \nu_i \rightleftharpoons |0\rangle$ for each flavor, $\mu_n + \mu_i = 0$, and $B = L = 0$ when we assume $B - L = 0$.

4. Discussions

▷ With sphaleron process in equilibrium, **BAU** can be generated from nonzero $B - L$.

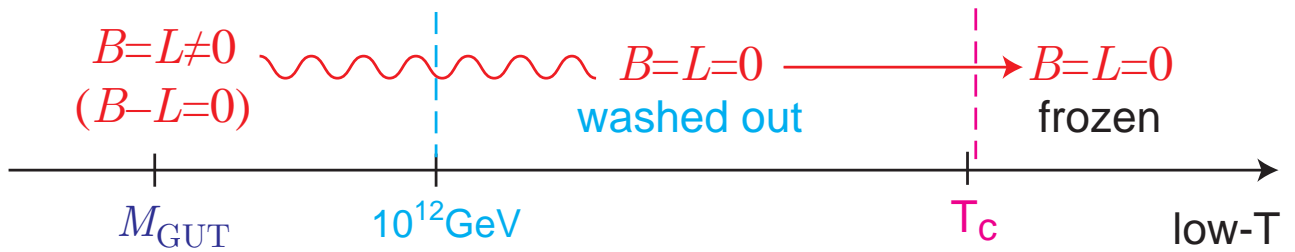
- **Leptogenesis** [Fukugita & Yanagida, PLB174 ('86)]

mass scale and CP violation in the heavy ν -sector

⇒ Morozumi's and Endoh's talks

- $(B - L)$ -violating GUTs

SU(5) **X**, SSB of $U(1)_{B-L} \in G_{\text{GUT}}$



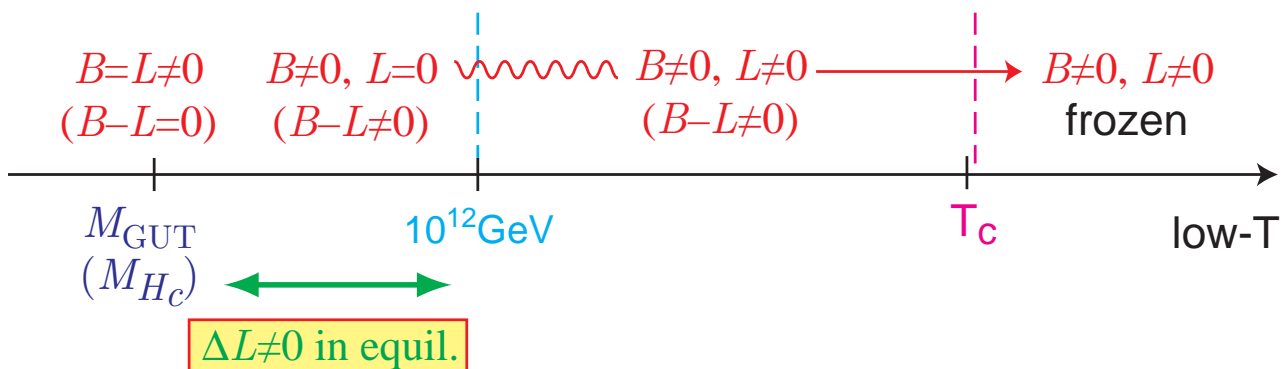
- Affleck-Dine mechanism

initial condition for $\langle \tilde{q} \rangle$ [Dine, et al. NPB458 ('96)]

Q -ball formation [Kasuya & Kawasaki, hep-ph/0106119]

▷ “Resurrection of $(B - L)$ -conserving GUT B -genesis”

[Fukugita & Yanagida, hep-ph/0203194]



$\Delta L \neq 0$ -processes are in equil. at $T \gg 10^{12}\text{GeV}$.

\Leftarrow (experimentally indicated ν -mass)

We must require that

the processes decouple before T lowers to 10^{12}GeV .

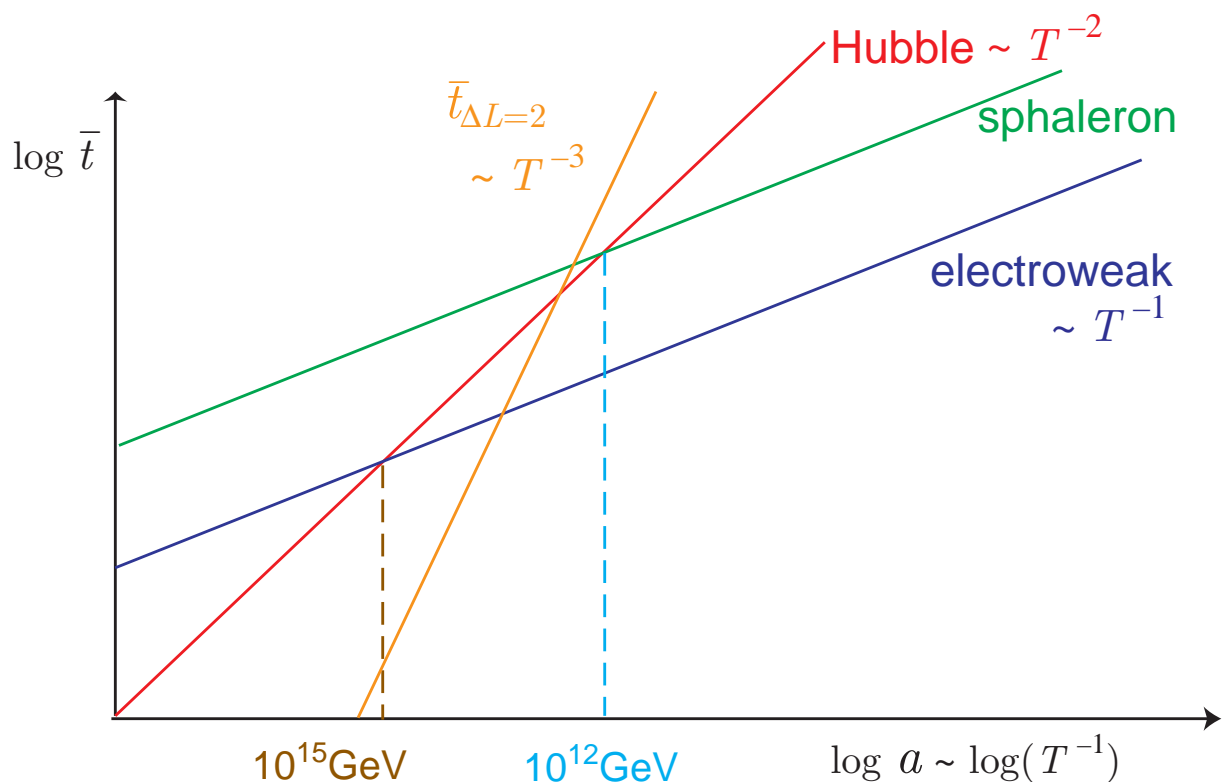
otherwise, $B = L = 0$.

e.g.,

$$\mathcal{L}_{\text{eff}} = \frac{g_i^2}{m_{N_i}} l_i \phi l_i \phi \Rightarrow \Gamma_{\Delta L=2} \simeq \frac{0.12 g_i^4 T^3}{4\pi m_{N_i}^2}$$

$$\Gamma_{\Delta L=2} < H(T) \text{ at } T < 10^{12}\text{GeV}$$

$$\Rightarrow \text{lower bound on } m_{N_i} \iff m_{\nu_i} < 0.8\text{eV}$$



$$\log \bar{t}_{\Delta L=2} = 3 \log(T^{-1}) + 2 \log(m_{N_i}) + \dots$$

▷ Effects of nonzero mass

B -reproduction at $T \in [T_{\text{dec}}, T_C)$, if \exists flavor-asym. L_i

(1) production of $L_i \neq L_j$

(2) decoupling of LF-mixing before T_C

Nonvanishing mass at high temperatures

right-handed Majorana mass

soft-SUSY-breaking mass

.....



modification of particle number densities



estimation of B ?